

TRC - Ridgeway Run Oct 04 - Prize List

<u>Place</u>	<u>Number</u>	<u>Finish Position</u>	<u>Name</u>	<u>Club</u>
Male				
1	307	1	Paul Gregory	Vale of Aylesbury
2	421	2	Paul Simmons	Shaftesbury Barnet Harriers
3	562	3	Andrew Murphy	SBH
4	532	4	Tom May	Leighton Buzzard AC
5	124	5	Bill Gristwood	Ealing Southall & Middlesex
6	7	6	Stepen Buckle	St Albans Striders
7	267	7	Colin Braybrook	St Albans Striders
8	301	9	Jonathan Scott	St Albans Striders
V40	107	10	Paul Allen	Dacorum & Tring
V50	362	35	Tom Hunt	Mayo AC
V60	427	98	Bob Wallace	Watford Joggers
Female				
1	465	8	Michelle Lee	Milton Keynes AC
2	524	21	Emma Calderbank	Serpentine RC
3	305	37	Claire Pusey	Burnham Joggers
4	479	42	Jackie Cooper	Garden City Runners
5	372	54	Sandra Reynolds	Chiltern Harriers
V35	93	57	Deborah Steer	St Albans Striders
V45	521	88	Sue Spong	Havering 90 Joggers
V55	426	306	Margaret Crowe	Milton Keynes AC

Clubs

Male	St Albans Striders	Stepen Buckle Colin Braybrook Jonathan Scott Grant West Stuart Guest Michael Crawshaw
Female	Chiltern Harriers	Sandra Reynolds Rhona Macdonald Debbie Wenman Laura Butt