

## Ridgeway Run - Sunday 12th October 2014

### Team

Final Results

Place	Name	Team	Number	Overall
4	Tim Harris	Amphill & Flitwick Flyers	517	4
6	Craig Palmer	Amphill & Flitwick Flyers	122	6
13	Steven Upton	Amphill & Flitwick Flyers	587	13
19	James Down	Amphill & Flitwick Flyers	519	19
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42				
15	Mark Crabtree	Gade Valley Harriers	258	15
24	John Lawler	Gade Valley Harriers	237	24
32	Steven Boyd	Gade Valley Harriers	621	34
34	Thomas North	Gade Valley Harriers	324	38
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105				
14	Nigel Sullivan	Burnham Joggers	481	14
26	Benjamin Schiffer-Harte	Burnham Joggers	28	26
31	Matt Broomhall	Burnham Joggers	337	33
36	Pete Walker	Burnham Joggers	32	40
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107				
5	Rob Michaelson-Yeates	Bearbrook RC	582	5
12	Owen Byrne	Bearbrook RC	358	12
16	Martin Crane	Bearbrook RC	91	16
88	Gary Sparkes	Bearbrook RC	513	96
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121				
11	Winston Woodward	Dunstable Road Runners	543	11
41	Cahal McConville	Dunstable Road Runners	104	45
44	Mark Cornell	Dunstable Road Runners	566	48
55	Mark Pedder	Dunstable Road Runners	68	61
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151				
3	Eddie O'Gorman	Chiltern Harriers AC	594	3
29	Richard Quantrill	Chiltern Harriers AC	313	31
53	Grant Whitaker	Chiltern Harriers AC	261	58
102	Geoffrey Blount	Chiltern Harriers AC	457	111
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187				
21	Andrew Rolt	Vale of Aylesbury AC	369	21
52	Henry Edwardes-Evans	Vale of Aylesbury AC	616	57
59	Tim Kelly	Vale of Aylesbury AC	458	65
98	Alan Roberts	Vale of Aylesbury AC	187	107
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230				

42	Chris Rose	Burnham Joggers (2)	31	46
49	Colin Baker	Burnham Joggers (2)	537	53
60	Phil Bickley	Burnham Joggers (2)	562	66
85	David Appleby	Burnham Joggers (2)	364	93
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236				
23	Steve Harrison	Leighton Fun Runners	152	23
37	Anthony Smith	Leighton Fun Runners	572	41
47	Jim Buttleman	Leighton Fun Runners	221	51
144	John Kirwan	Leighton Fun Runners	651	171
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251				
22	Paul Floodgate	Shenley Striders	514	22
28	Mark Shead	Shenley Striders	559	30
77	Simon Gurney	Shenley Striders	243	85
157	Steve Austin	Shenley Striders	192	194
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284				
20	Andrew Stickley	Alchester RC	520	20
56	Vincente Bayliss	Alchester RC	505	62
111	Michael Page	Alchester RC	499	121
138	Paul Chipperfield	Alchester RC	486	163
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325				
46	Garry Biddle	Amphill & Flitwick Flyers (2)	561	50
79	Warwick Browning	Amphill & Flitwick Flyers (2)	462	87
103	Richard Stanley	Amphill & Flitwick Flyers (2)	399	113
104	Tony Cole	Amphill & Flitwick Flyers (2)	69	114
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332				
50	Jonathan Haynes	Bishop's Stortford RC	26	55
64	Oliver Last	Bishop's Stortford RC	147	70
126	John Nichol	Bishop's Stortford RC	220	140
142	Adrian Sherriff	Bishop's Stortford RC	222	167
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382				
86	Philip McClean	Dunstable Road Runners (2)	583	94
94	Daniel Holder	Dunstable Road Runners (2)	67	102
96	Gordon Reeves	Dunstable Road Runners (2)	179	105
178	Paul Eggleton	Dunstable Road Runners (2)	98	222
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454				
78	Mark George	London Heathside	116	86
118	Robert Bowler	London Heathside	5	130
119	Jesper Lycke	London Heathside	411	131
196	Andrew Conway	London Heathside	92	245
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511				
114	Mark Billington	Amphill & Flitwick Flyers (3)	181	126
133	Steve Phillpot	Amphill & Flitwick Flyers (3)	497	156
155	David Stanley	Amphill & Flitwick Flyers (3)	241	189
202	Shaun Kirtley	Amphill & Flitwick Flyers (3)	236	257
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604				

123	Adrian Twissell	Bearbrook RC (2)	295	136
124	Tony Nolan	Bearbrook RC (2)	43	137
190	Simon Allen	Bearbrook RC (2)	387	236
219	Nicholas Forster	Bearbrook RC (2)	41	283
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656				
93	Dave Holt	Bedford Harriers AC	225	101
105	Jim Dunn	Bedford Harriers AC	449	115
252	Tony Jones	Bedford Harriers AC	523	327
270	David Prior	Bedford Harriers AC	440	370
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720				
115	Alex Pritchard	St Albans Striders	653	127
195	Bob Watson	St Albans Striders	327	244
255	Richard Maw	St Albans Striders	372	334
319	Jon Milne	St Albans Striders	353	470
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884				
168	Paul Reading	Leighton Fun Runners (2)	380	207
171	Tam Quinn	Leighton Fun Runners (2)	403	211
273	Nic Dimmock	Leighton Fun Runners (2)	531	377
295	Gordon Hill	Leighton Fun Runners (2)	107	422
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907				
268	Barry Dackombe	Ampthill & Flitwick Flyers (4)	474	366
311	Brendan O'Mahoney	Ampthill & Flitwick Flyers (4)	565	447
324	David Sedgley	Ampthill & Flitwick Flyers (4)	352	478
325	Terry McHugh	Ampthill & Flitwick Flyers (4)	96	479
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1228				
298	Keith Phillips	Leighton Fun Runners (3)	584	427
308	Mark McLoughlin	Leighton Fun Runners (3)	173	443
310	Glyn Raymen	Leighton Fun Runners (3)	575	446
334	Martin Kerr	Leighton Fun Runners (3)	177	497
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1250				