

Ridgeway Run - Sunday 11th October 2015

Team

Final Results

Place	Name	Team	Number	Overall
1	Kate Rennie	Dacorum and Tring AC	291	22
7	Ania Gabb	Dacorum and Tring AC	569	56
14	Niamh Dempsey	Dacorum and Tring AC	652	92
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22				
2	Wendy Webster	St Albans Striders	2	26
8	Wendy Walsh	St Albans Striders	254	58
34	Tamsyn Clark	St Albans Striders	586	172
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44				
11	Gemma Bitaraf	Gade Valley Harriers	288	75
16	Laura Sharma	Gade Valley Harriers	285	96
23	Claire McDonnell	Gade Valley Harriers	84	124
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50				
43	Elizabeth Walls	St Albans Striders (2)	199	195
47	Deirdre Heydecker	St Albans Striders (2)	65	207
62	Claire Sharp	St Albans Striders (2)	10	272
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152				
54	Shirley Ball	Bishop's Stortford RC	494	242
55	Julia Fonnereau	Bishop's Stortford RC	622	243
77	Jayne Shepherd	Bishop's Stortford RC	326	310
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186				
61	Amber Chatt	Redway Runners	89	270
70	Suzie Hall	Redway Runners	373	297
74	Sam Downton	Redway Runners	372	301
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205				
17	Michelle Morris	Amphill & Flitwick Flyers	549	100
39	Keri Withers	Amphill & Flitwick Flyers	268	186
155	Laura Johnston	Amphill & Flitwick Flyers	493	482
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211				
42	Tracy Aldridge-Jones	Gade Valley Harriers (2)	592	192
59	Victoria Crawley Wise	Gade Valley Harriers (2)	44	258
113	Emma Nash	Gade Valley Harriers (2)	85	408
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214				
49	Christina Lawrence	Dunstable Road Runners	656	224
78	Lisa Langford	Dunstable Road Runners	479	312

102	Claire Thomas	Dunstable Road Runners	362	372
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229				
41	Trudy Stokes	Shenley Striders	145	191
65	Emma Mist	Shenley Striders	544	280
125	Helen Brett	Shenley Striders	163	430
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231				
3	Kelly Barnett	Wellingborough & District AC	500	35
97	Stephanie Dennis	Wellingborough & District AC	313	356
136	Kirsty Hewitt	Wellingborough & District AC	406	450
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236				
51	Janet Readitt	Ware Joggers	554	229
90	Anne Ramsden	Ware Joggers	234	339
96	Carla Bell	Ware Joggers	492	353
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237				
40	Deborah Hindmarch	Marshall Milton Keynes AC	433	187
89	Alison Ray	Marshall Milton Keynes AC	189	338
117	Arianna Pisetti	Marshall Milton Keynes AC	179	413
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246				
73	Laura Astley	St Albans Striders (3)	33	300
86	Claire Hobson	St Albans Striders (3)	518	330
95	Julianne Nightingale	St Albans Striders (3)	606	350
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254				
67	Lorraine Hurford	Tring RC	269	284
101	Donna Walker	Tring RC	397	368
129	Katie Quaite	Tring RC	434	439
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297				
22	Kate Loach	Chiltern Harriers AC	47	120
157	Annelie Whitfield	Chiltern Harriers AC	273	484
164	Tamsin Finch	Chiltern Harriers AC	481	494
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343				
91	Georgi Preston	Leighton Fun Runners	336	340
92	Sally Dickinson	Leighton Fun Runners	87	341
170	Carrie Tyas	Leighton Fun Runners	75	505
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353				
46	Olivia Underhill	Alchester RC	505	206
154	Steph Fisher	Alchester RC	426	481
156	Emma Johnson	Alchester RC	402	483
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356				
63	Juliet Smith	Bedford Harriers AC	570	277
98	Jeanette Cheetham	Bedford Harriers AC	379	357
210	Angela Gallivan	Bedford Harriers AC	394	562
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371				

104	Lisa Thorn	Orion Harriers	121	382
119	Kym Hudson	Orion Harriers	200	416
150	Ruth Mercer	Orion Harriers	278	473
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373				
103	Samantha Polman	Dunstable Road Runners (2)	318	375
143	Claire Belmar	Dunstable Road Runners (2)	311	461
152	Lucilla O'Brien	Dunstable Road Runners (2)	594	478
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398				
137	Victoria Alexander	Shenley Striders (2)	141	452
138	Emma Kington	Shenley Striders (2)	444	453
139	Becky Wallace	Shenley Striders (2)	421	454
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414				
123	Ursula Ghaleb	Marshall Milton Keynes AC (2)	227	427
162	Vanessa Stride	Marshall Milton Keynes AC (2)	604	490
163	Karen Bugaj	Marshall Milton Keynes AC (2)	603	491
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448				
141	Sally Hewitt	Wellingborough & District AC (2)	519	458
146	Mary Pearson	Wellingborough & District AC (2)	466	465
165	Lynda Rowse	Wellingborough & District AC (2)	473	495
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452				
116	Lucy Fern	Nimrod Runners	409	412
208	Miranda Bruton	Nimrod Runners	417	560
209	Candy Fern	Nimrod Runners	410	561
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533				
180	Karen Smith	MK Lakeside Runners (2)	633	522
181	Rachel Toresen-Owuor	MK Lakeside Runners (2)	439	523
183	Gerry Brookman	MK Lakeside Runners (2)	152	525
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544				
161	Catherine Bownes	Redway Runners (2)	90	489
184	Suzanna Walsh	Redway Runners (2)	160	526
200	Helen Hindley	Redway Runners (2)	532	545
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545				
187	Ruth Fontaine	Orion Harriers (2)	341	529
188	Deborah Bumfrey	Orion Harriers (2)	175	530
189	Gill Hopkins	Orion Harriers (2)	347	531
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564				
191	Carole Jack	St Albans Striders (4)	7	533
192	Christina Smith	St Albans Striders (4)	482	534
193	Lucy Stern	St Albans Striders (4)	25	536
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576				
194	Carol Ransom	St Albans Striders (5)	24	537
195	Mandy Attree	St Albans Striders (5)	38	538
196	Joanne Tang	St Albans Striders (5)	23	539

