

Tring Running Club

Ridgeway Run Results 2001

Position	First name	Surname	Club	Time	Cat
1	David	Randall	Cheltenham & County	59.58	MV40
2	Greg	Dell	Woodstock	60.39	M
3	John	Simmonds	Hardley Runners	62.10	MV40
4	Steve	Lowe	Watford Harriers	63.04	MV40
5	Keith T	Johnson	Road Runners Club	63.31	MV40
6	Anthony	Sheldon	Chiltern Harriers	63.41	MV40
7	Gary	Walford	Chiltern Harriers	63.59	M
8	Colin	Baker	Burnham Joggers	64.34	MV40
9	Neil	Edwards	Bearbrook Joggers	64.51	MV40
10	Graham	Wilson	Burnham Joggers	65.59	MV40
11	Peter	White	Thame Runners	66.09	MV40
12	Owen	Byrne	Bearbrook Joggers	66.14	M
13	Martin	Arnold	Dacorum & Tring	66.42	M
14	Graham	Baker	Road Runners Club	66.44	MV50
15	Richard	Wood	Leighton AC	66.53	M
16	Peter	Leicester	Marlow Striders	67.11	M
17	Michelle	Lee	St Albans Striders	67.21	F
18	Robert	Hodges	Bearbrook Joggers	67.35	MV50
19	Roderick	Lavers	Thame Runners	67.55	MV40
20	Steve	James	Amphill & Flitwick	68.10	M
21	Ian	Owens	North Herts Road	68.15	M
22	Gary	Clench	Alchester RC	68.17	MV40
23	Graham	Busch	Stopsley Striders	68.19	MV40
24	Tim	Nightingale	Thames Hare & Hounds	68.55	MV40
25	Edward	Margetts	UN	68.57	M
26	Jon	Salmon	Thames Hare & Hounds	69.03	MV40
27	Greg	Hill	UN	69.04	MV40
28	Ian	Moffatt	UN	69.06	MV40
29	Michael	Coates	Burnham Joggers	69.12	MV50
30	David	Leighton	Handy Cross	69.14	M
31	Mick	Wren	UN	69.28	MV40
32	Keith	Scudamor	Burnham Joggers	69.36	MV50
33	Mike	Skinner	Garden City Joggers	69.45	MV50
34	Vince	Davies	Alchester RC	69.46	M
35	Dan	Hayes	Guildford & Godalming	69.50	M
36	Rupert	Lawrence	Farnham Triathlon	69.52	M
37	Paul	Gadham	RAF AA	70.01	MV40
38	Maryn	James	South London Harriers	70.02	MV40
39	Rick	Jeffreys	UN	70.05	MV40
40	Paul K	Emery	Watford Joggers	70.17	M
41	Josie	Heffernan	Chiltern Harriers	70.19	FV45
42	Daniel	Hill	UN	70.26	M
43	Malcolm	Shutt	Watford Joggers	70.27	M
44	Richard	Evans	Marlow Striders	70.45	M
45	Andrew	Newbury	Garden City Joggers	70.47	MV40
46	Trevor	Lark	UN	70.50	MV40
47	Colin	Jackson	UN	70.52	MV40

48	Colm	Grace	UN	70.55	M
49	Walter	McCarthy	UN	71.02	MV40
50	Roger	Seldon	Leighton Buzzards	71.05	MV50
51	James	Buttleman	UN	71.08	M
52	Chris	Reed	Garden City Joggers	71.10	M
53	Ken	McCord	Burnham Joggers	71.14	MV40
54	Diarmuid	MacDouga	Thame Runners	71.25	M
55	Michael	Saunders	Herts Police AC	71.29	MV40
56	Steve	Charleston	Bearbrook Joggers	71.41	M
57	Yvonne	Hill	South London Harriers	72.19	FV35
58	Adrienne	Garton	Burnham Joggers	72.21	FV35
59	Ravi	Dighe	Tri-force Herts	72.44	M
60	Martin	Truran	Trent Park Trotters	73.00	MV40
61	Lisa	Cook	Vauxhall AC	73.01	F
62	Jonathan	Hiscock	UN	73.04	M
63	Simon	Green	UN	73.06	MV40
64	Bill	Crane	Dunstable RR	73.18	MV40
65	Andrew	Shadbolt	Garden City Joggers	73.21	MV40
66	Veronica	Shadbolt	Garden City Joggers	73.22	FV35
67	Peter	Miller	Leighton Fun Runners	73.23	MV50
68	Graham	Asher	London Hearthside	73.27	MV40
69	Malcolm	Turpin	UN	73.37	M
70	Julie	Johnson	Datchet Dashers	73.45	F
71	Martin	Godin	BP Lunch Runners	73.51	MV40
72	David	Atkins	UN	73.52	MV40
73	Steve	Lock	UN	74.09	MV40
74	Richard	Earl	Trent Park Trotters	74.16	MV40
75	James	Dennis	UN	74.24	M
76	Stephen	Plested	Ealing Southall & Middlesex	74.32	MV50
77	Stephen	Fox	UN	74.34	M
78	Michael	Hunt	UN	74.35	M
79	Peter	Smith	St Albans Striders	74.37	MV50
80	Keith	Cook	Vauxhall AC	74.45	MV50
81	John	Ahern	UN	74.47	MV40
82	Sue	Barnes	Vale of Aylesbury	75.12	FV45
83	Mark	Wallis	Chiltern Harriers	75.14	M
84	Jacqueline	Streeter	UN	75.18	FV35
85	Peter	Game	Garden City Joggers	75.29	MV50
86	Rod	MacLean	Handy Cross	75.36	M
87	Tony	Gillings	BP Lunch Runners	75.46	M
88	Simon	Heap	UN	75.48	MV40
89	Patrick	Lennon	Garden City Joggers	75.49	MV60
90	David	Basham	Alchester RC	75.52	MV50
91	John	Irwin	Burnham Joggers	75.53	MV40
92	Andrew	Harwood	UN	75.54	M
93	Paul	Hammett	UN	75.55	M
94	Mike	Perry	UN	75.59	MV40
95	Gary	Byrne	Fairlands Valley Spartans	76.02	M
96	Sharon	Kassemza	Watford Joggers	76.03	FV45
97	Robin	Lord	BP Lunch Runners	76.19	M
98	Patrick	Sibley	UN	76.25	MV50
99	Robert	Callaghan	Leighton Fun Runners	76.28	MV40
100	James	Bryan	UN	76.38	M
101	Faith	Suter	St Albans Striders	76.40	FV45

102	Bruce	Humphries	Datchet Dashers	76.42	M
103	Michael	Miller	Harlow RC	76.45	MV60
104	Richard	Hardy	Luton United	76.48	MV40
105	Jeff	Dowsett	Luton United AC	76.49	MV50
106	Roy	Bowdery	Fairlands Valley Striders	76.50	MV40
107	Chris	Quelch	Dunstable RR	76.56	M
108	Darrin	Percy	Dunstable RR	76.57	M
109	Jonathan	Venning	Dunstable RR	77.06	MV40
110	Michael	Dixon	Verlea	77.09	MV50
111	David	Cooper	UN	77.10	M
112	Terry	Vine	North Herts RR	77.14	M
113	Rod	Palmer	Handy Cross	77.15	MV50
114	Andrew	Lord	Watford Joggers	77.16	MV40
115	Ian	Sharp	North Herts RR	77.17	MV40
116	Philip	Cullimore	UN	77.19	M
117	Ian	Painter	UN	77.20	M
118	Judy	Pomphrey	St Albans Striders	77.28	FV45
119	Brian	Page	Alchester RC	77.36	MV50
120	Richard	Mainwarin	East London Runners	77.39	M
121	James	Oyston	Garden City Joggers	77.41	MV50
122	Steve	Powell	Road Runners Club	77.44	M
123	Ronald	Bramley	UN	77.45	MV40
124	Alan	Roberts	Vale of Aylesbury	77.48	M
125	John	Hopper	UN	77.54	M
126	Jamie	Mabilat	UN	78.00	M
127	Paul	Medlicott	Welwyn Garden City	78.03	MV40
128	John	Bradbury	Handy Cross	78.16	MV40
129	Kate	Medlicott	Welwyn Garden City	78.18	F
130	Robin	Malduca	UN	78.19	MV50
131	Heong	Chong	Chris Lane Cruiser	78.28	M
132	Kari	Cowan	Bedford & County	78.31	FV35
133	Melvyn	Folkard	Chiltern Harriers	78.37	MV40
134	James	Buis	UN	78.46	M
135	David	Twyford	Dunstable RR	78.47	MV50
136	Annelies	Van Den B	UN	78.50	FV35
137	Ted	Holmquist	Chiltern Harriers	79.08	MV50
138	Maarten	Van Den B	UN	79.10	MV40
139	Martin	Rogan	Metros	79.11	MV50
140	Ron	Adams	Bearbrook Joggers	79.15	MV50
141	John	Rickman	Maidenhead AC	79.22	MV50
142	Peter	Stevens	North Herts Road	79.27	MV50
143	William	Smith	UN	79.31	M
144	Andrew	Conway	London Heathside	79.39	M
145	David	Howse	Alchester RC	79.40	MV50
146	Geoff	Hickmer	St Albans Striders	79.41	MV50
147	Mark	Emmett	Thame Runners	79.44	M
148	Phil	Coates	St Albans Striders	79.45	MV40
149	Mark	Stevens	UN	79.46	MV40
150	Stephen	Bass	UN	79.47	M
151	R	Norton	UN	79.55	M
152	Stuart	Brown	Amphill & Flitwick	80.12	MV40
153	Liz	Kissane	Garden City Joggers	80.13	FV35
154	Peter	Hamson	100K Association	80.15	MV50
155	Neil	Hawthorn	RAF AA	80.17	MV40

156	Jim	Coats	UN	80.23	MV40
157	Alan	Keegan	UN	80.25	MV40
158	John	Kidd	St Albans Striders	80.26	MV50
159	James	Thorby	UN	80.27	M
160	Roger	Lott	Chiltern Harriers	80.28	MV50
161	Richard	Levicki	Bearbrook Joggers	80.29	MV40
162	Tim	Dutfield	UN	80.36	M
163	Edward	Leigh	UN	80.42	M
164	Brian	Bailey	North Herts RR	80.56	MV40
165	Margaret	Chew	Stopsley Striders	80.57	FV45
166	Iain	Simmonds	UN	81.00	M
167	Ricky	Jennings	Ampthill & Flitwick	81.04	MV50
168	Debbie	Wenman	UN	81.06	F
169	Lizzie	Bird	UN	81.12	F
170	Stephen	Gathercole	UN	81.54	MV50
171	Andy	Willerton	Watford Joggers	81.55	M
172	Kathleen Anne	Begen	Bearbrook Joggers	81.57	FV35
173	Kevin	Morris	St Albans Striders	82.01	M
174	Diana	Braverman	Cambridge & Coleridge	82.02	FV45
175	Michael	Hickman	Handy Cross	82.07	MV50
176	William	Billington	Bedford Harriers AC	82.08	MV60
177	Henry	Pickford	Metros	82.13	MV50
178	Chris	Tole	UN	82.15	M
179	Carole	Mooney	St Albans Striders	82.20	FV35
180	Stefan	Stasiuk	Burnham Joggers	82.22	MV50
181	Cliff	Baker	Thame Runners	82.29	M
182	Zoe	Brown	UN	82.39	FV35
183	Tony	Hopkins	West H Harriers	82.42	MV50
184	Martin	Churm	Leighton Buzzard	82.43	MV50
185	Douglas	Lamont	Leighton Fun Runn	82.44	MV50
186	Anthony	Stephenso	UN	82.47	MV40
187	Christine	Inch	St Albans Striders	82.48	FV35
188	Linda	Walsh	Burnham Joggers	82.49	FV45
189	Christopher	O'Gorman	UN	82.52	MV40
190	Fred	Cox	Enfield Harriers	82.57	MV50
191	Jim	Miller	St Albans Striders	82.58	MV50
192	Patsy	Baker	Thame Runners	83.00	FV35
193	Declan	Costello	UN	83.01	M
194	Ian	Gauntlett	Watford Joggers	83.07	MV40
195	Dave	Nichols	UN	83.13	M
196	John	Bent	UN	83.14	MV50
197	Wayne	Warren	British Road Runner	83.17	MV50
198	Nick	Cave	UN	83.31	M
199	Caroline	Bolam	Hillingdon AC	83.38	FV35
200	Frank John	Harris	Chiltern Harriers	83.41	MV50
201	Ian	Budd	UN	83.45	MV40
202	Colin	Souster	UN	83.57	MV40
203	David	Wooley	Verco Joggers	84.03	MV50
204	Nina	Souster	UN	84.07	FV45
205	Darren	Carins	Farnham Triathlon	84.08	M
206	Rodney	Allen	Vale of Aylesbury	84.16	MV50
207	Sandy	Ridgway	Bearbrook Joggers	84.24	FV35
208	Anthony	Doherty	Burnham Joggers	84.39	MV40
209	David	Holmes	Chiltern Harriers	84.55	MV40

210	Helen	Usborne	UN	85.11	F
211	Richard	Miller	Dacorum & Tring	85.17	MV40
212	Andrew	Samuels	UN	85.29	M
213	Anne	Belchamb	Hillingdon AC	85.31	FV45
214	John	Bignell	Hillingdon AC	85.32	M
215	Dave	Girling	Metros	85.40	MV50
216	Deborah	Ridout	Handy Cross	85.42	FV35
217	Paul	Belcher	UN	86.02	MV40
218	Dean	Johnson	Chiltern Harriers	86.03	M
219	David	Crowley	Wycombe Phoenix	86.06	M
220	Ruth	Heller	UN	86.14	F
221	Richard	Whiting	Hertford & Ware AC	86.16	MV50
222	Andrew	Woodcraft	Reading AC	86.21	MV50
223	Patrick	Longland	UN	86.24	MV40
224	Andrew	Smith	UN	86.26	M
225	Sharon	Cassidy	UN	86.29	F
226	Scott	Groves	Turpins Trotters	86.30	M
227	Clive	Girling	Handy Cross	86.33	M
228	Dave	Thomas	Burnham Joggers	86.38	MV40
229	Toby	Norways	UN	86.42	M
230	Alan	Critch	UN	86.43	M
231	Jonathan	Philp	UN	86.50	M
232	Rik	Edwards	UN	86.59	MV40
233	Tim	Brandwood	UN	87.08	M
234	Paul	Johnson	UN	87.13	MV40
235	Ron	Holland	UN	87.19	MV50
236	Chris	Hale	Road Runners Club	87.21	MV40
237	Steve	Wildman	Chiltern Harriers	87.27	MV50
238	Stephen	Rowland	UN	87.29	M
239	Anton	Edelmann	UN	87.58	MV40
240	Tony	Napper	UN	87.59	MV40
241	Ian Leslie	Cousins	Stopsley Striders	88.00	MV50
242	Geoff	Pettengell	North Herts RR	88.04	MV50
243	Graham	Leitch	UN	88.08	MV40
244	Neil	Mitchell	Vegetarian Cycling	88.10	MV40
245	Jane	Goodey	UN	88.13	FV45
246	Deirdre	Bethune	Bedford Harriers AC	88.15	FV45
247	Steven	Lee	Kenilworth Runners	88.17	MV40
248	Steven	Kenny	UN	88.21	M
249	Andy	Rich	UN	88.23	M
250	Martin	Hopcroft	UN	88.34	MV40
251	Steph	Lloyd	Bearbrook Joggers	88.41	FV35
252	Nick	De La Deb	UN	88.46	MV40
253	Paul	Brooks	Road Runners Club	88.47	M
254	Andy	Johnson	Alchester RC	89.03	M
255	David	Sawyer	UN	89.07	M
256	Tim	Hollingswo	UN	89.14	M
257	John	Rickard	UN	89.16	MV40
258	Heidi	Folkard	Chiltern Harriers	89.22	F
259	Julian	Mason	UN	89.23	MV50
260	Ian Andrew	Kingstone	Bedford Harriers AC	89.40	M
261	Clare	Hamson	UN	89.45	F
262	Richard	Bonfield	UN	89.46	M
263	Penelope	Herbert	Bearbrook Joggers	89.47	F

264	Stephen	Buckingha	Road Runners Club	89.48	MV50
265	Mark	Jaffe	UN	90.00	M
266	Paul	Bursnall	Burnham Joggers	90.05	MV50
267	Gareth	Bourne	UN	90.08	M
268	Margaret	Crowe	Milton Keynes AC	90.11	FV45
269	Chris	Cook	UN	90.20	MV40
270	Gavin	Ewan	Bearbrook Joggers	90.23	MV50
271	Bob	Whitehead	UN	90.25	M
272	Geraint	Dermody	UN	90.27	M
273	Keith	Esdon	UN	90.29	MV40
274	Janice	Saunders	UN	90.41	F
275	Susan	Short	UN	90.48	FV35
276	Quentin	Keeling	St Albans Striders	90.53	MV50
277	Ursula	Duckworth	Bedford & County	90.58	FV45
278	Martyn	Jones	UN	91.02	MV50
279	Gary	Spanswick	UN	91.21	M
280	Tim	Fox Evans	UN	91.22	MV40
281	John	Freier	UN	91.23	MV50
282	Paul	McIntosh	Garden City Joggers	91.24	M
283	Shaun	Leigh	Metros	91.31	M
284	Elke	Hecker	Trent Park Trotters	91.32	FV35
285	Michael	Redgrove	Trent Park Trotters	91.33	MV60
286	Anne	Ramsden	Ware Joggers	91.45	FV45
287	Joe	Preston	UN	91.53	MV40
288	Brian	Graves	Milton Keynes AC	91.59	MV60
289	Richard	Sadler	UN	92.19	MV40
290	Sarah	Mumford	St Albans Striders	92.22	FV35
291	Mike	Hardy	UN	92.33	MV40
292	Linda	Huxley	Vale of Aylesbury	92.37	FV45
293	Andrzej	Gajbutowi	UN	92.48	MV40
294	John	Leith	Bearbrook Joggers	92.52	MV60
295	Geoffrey	Einon	UN	93.11	MV50
296	Daniel	Day	UN	93.13	M
297	Meena	Jeffreys	UN	93.20	FV45
298	David	Cooper	Leighton Fun Runners	94.02	MV50
299	John	Bushby	Stopsley Striders	94.09	MV50
300	John	Holland	Metros	94.20	MV50
301	Trent	Evans	UN	94.37	M
302	Judith	Kaye	UN	94.45	FV35
303	Sandra	Preston	UN	94.46	FV35
304	Neil	Young	UN	94.48	F
305	Lesley	Gearing	UN	94.53	FV35
306	Doug	Singer	Metros	95.03	MV60
307	Christine	Sharp	North Herts RR	95.05	FV35
308	Keira	Ainsworth	Bearbrook Joggers	95.28	F
309	Elaine	Morton	Amphill & Flitwick Flyers	96.07	FV35
310	Jan	Challis	Ware Joggers	96.11	FV35
311	Colin	Russell	Road Runners Club	96.23	MV50
312	Laura	Astley	BP Lunch Runners	96.26	FV35
313	Debbie	Moore	BP Lunch Runners	96.42	FV35
314	Catherine	Crawley	BP Lunch Runners	96.52	FV35
315	Timothy	Williams	UN	96.55	MV40
316	Peter	Knight	UN	96.56	MV50
317	Richard	Bailey	Watford Joggers	96.57	MV50

318	Paul	Munford	UN	97.27	M
319	Adam	Abbas	UN	97.28	M
320	Elaine	Heeler	Northern Veterans	97.41	FV35
321	Denise	Morgan	UN	97.47	F
322	Helen	Knuth	Bishop Stortford RC	97.48	F
323	Bill	Bethune	UN	98.09	MV50
324	Anne	Renew	Watford Joggers	98.20	FV45
325	Jennifer	Esdon	UN	98.21	FV35
326	Alice	Margetts	UN	98.25	F
327	Peter	Greenhoug	UN	98.29	MV40
328	Helen	Nelson	UN	98.37	FV35
329	Susan	Defoe	UN	98.46	FV35
330	Val	Russell	Milton Keynes AC	99.41	FV45
331	Caroline	Strain	SAF	99.45	F
332	Miriam	Richie	Leighton Fun Runners	100.19	F
333	Ralph	Whitlock	St Albans Striders	100.42	MV50
334	Ian	Barnes	Gade Valley Harriers	100.56	MV50
335	Frances	Daniel	Burnham Joggers	101.22	FV45
336	Matt	Barratt	UN	101.38	M
337	Roger	Saunders	UN	101.50	MV50
338	David	Nelson	UN	102.02	MV50
339	Emma	Rogan	Metros	102.08	F
340	Marion	Rogan	Metros	102.09	FV45
341	John	East	Burnham Joggers	102.23	MV50
342	Tom	Gurney	UN	102.47	M
343	Andrew	Potton	UN	103.02	MV40
344	Lesley	Yearley	Bearbrook Joggers	103.11	FV35
345	Lisa	Bonfield	UN	103.55	F
346	Claire	Galvin	UN	104.06	FV35
347	Deirdre	Burnsnall	Burnham Joggers	104.31	FV45
348	Bob	Harris	Chiltern Harriers	104.33	MV40
349	Martin	Gilbert	UN	107.17	MV40
350	Katy	Pompilis	UN	108.01	F
351	Sally	Connelly	UN	110.54	FV45
352	Pamela	Stonebroo	UN	110.55	FV45
353	Rachel	Edmonds	UN	111.35	F
354	Ian	Munro	UN	111.36	M
355	Karen	Kear	UN	112.12	FV35
356	Nick	Hawkes	UN	112.13	MV40
357	Andrew	Garden	UN	112.17	MV40
358	Kevin	Ward	UN	112.23	MV50
359	Anne	Leigh	Metros	112.31	FV45
360	Ann	Marsden	Metros	112.32	FV45
361	Madeleine	Bland	Bearbrook Joggers	112.36	FV45
362	Susanne	Pearce	UN	113.43	FV45
363	Kevin	Fish	UN	113.44	MV40
364	Karen	Jourdan	UN	114.33	F
365	Megan	Begbie	UN	115.05	F
366	Elizabeth	Benali	UN	115.39	FV45
367	Gail	Barron	UN	115.43	FV45
368	Paul	Kemp	UN	116.01	MV40
369	Carolyn	Bennett	Burnham Joggers	118.46	FV35
370	Robert	Dixon	UN	120.30	MV40
371	Jean	Gates	Metros	121.27	FV45

372	Diana	Sabini	UN	122.38	FV45
373	Maria	Miller	Metros	128.13	FV45
374	Bernard	Leigh	Metros	128.26	MV60
375	Debra	Freeman	Ware Joggers	128.30	FV45