

Female Vet 50

Time required to achieve your Stripe

Distance	Copper	Bronze	Silver	Gold	Platinum	Titanium	Diamond	Zebra
5 Km	00:37:08	00:33:26	00:30:23	00:27:51	00:25:43	00:23:53	00:22:17	00:20:53
5 Mile	01:00:56	00:54:51	00:49:51	00:45:42	00:42:11	00:39:10	00:36:34	00:34:17
10 Km	01:16:04	01:08:27	01:02:14	00:57:03	00:52:40	00:48:54	00:45:38	00:42:47
10 Mile	02:04:43	01:52:15	01:42:03	01:33:32	01:26:21	01:20:11	01:14:50	01:10:09
Half Marathon	02:44:47	02:28:18	02:14:49	02:03:35	01:54:05	01:45:56	01:38:52	01:32:41
Marathon	05:42:07	05:07:54	04:39:55	04:16:35	03:56:51	03:39:56	03:25:16	03:12:26