

Female Vet 60

Time required to achieve your Stripe

Distance	Copper	Bronze	Silver	Gold	Platinum	Titanium	Diamond	Zebra
5 Km	00:42:35	00:38:19	00:34:50	00:31:56	00:29:29	00:27:22	00:25:33	00:23:57
5 Mile	01:10:03	01:03:03	00:57:19	00:52:32	00:48:30	00:45:02	00:42:02	00:39:24
10 Km	01:27:33	01:18:47	01:11:38	01:05:39	01:00:36	00:56:17	00:52:32	00:49:15
10 Mile	02:21:38	02:07:28	01:55:53	01:46:13	01:38:03	01:31:03	01:24:59	01:19:40
Half Marathon	03:07:07	02:48:25	02:33:06	02:20:21	02:09:33	02:00:18	01:52:16	01:45:15
Marathon	06:31:01	05:51:55	05:19:55	04:53:16	04:30:42	04:11:22	03:54:37	03:39:57