

Female Vet 65

Time required to achieve your Stripe

Distance	Copper	Bronze	Silver	Gold	Platinum	Titanium	Diamond	Zebra
5 Km	00:45:57	00:41:21	00:37:36	00:34:28	00:31:49	00:29:32	00:27:34	00:25:51
5 Mile	01:15:43	01:08:09	01:01:57	00:56:47	00:52:25	00:48:41	00:45:26	00:42:36
10 Km	01:34:41	01:25:13	01:17:28	01:11:01	01:05:33	01:00:52	00:56:49	00:53:16
10 Mile	02:31:56	02:16:44	02:04:19	01:53:57	01:45:11	01:37:40	01:31:10	01:25:28
Half Marathon	03:20:44	03:00:40	02:44:14	02:30:33	02:18:58	02:09:03	02:00:26	01:52:55
Marathon	07:01:07	06:19:00	05:44:33	05:15:50	04:51:32	04:30:43	04:12:40	03:56:52