

Male Vet 65

Time required to achieve your Stripe

Distance	Copper	Bronze	Silver	Gold	Platinum	Titanium	Diamond	Zebra
5 Km	00:36:27	00:32:49	00:29:50	00:27:20	00:25:14	00:23:26	00:21:52	00:20:30
5 Mile	01:00:26	00:54:24	00:49:27	00:45:20	00:41:50	00:38:51	00:36:16	00:34:00
10 Km	01:16:05	01:08:29	01:02:15	00:57:04	00:52:41	00:48:55	00:45:39	00:42:48
10 Mile	02:05:36	01:53:02	01:42:46	01:34:12	01:26:57	01:20:44	01:15:22	01:10:39
Half Marathon	02:46:28	02:29:49	02:16:12	02:04:51	01:55:15	01:47:01	01:39:53	01:33:38
Marathon	05:50:33	05:15:30	04:46:49	04:22:55	04:02:41	03:45:21	03:30:20	03:17:11