

Place	Number	Time	Name	Category	Club	Placing	Team
1	46	28 : 11	Thomas Grimes	SeniorMale	East London Runners	1st Male	
2	31	28 : 27	Stephen Norris	V40male	Watford Joggers	2nd Male	Male Team
3	53	28 : 43	Aran Davidson	SeniorMale	Chiltern Harriers	3rd Male	
4	35	28 : 50	David O'Sullivan	V40Male	Watford Joggers	V40 Male	Male Team
5	5	29 : 18	Matthew Jones	SeniorMale	Tring RC		
6	19	30 : 16	Ian Walpin	SeniorMale	Amphill Flitwick		
7	30	30 : 35	Stephen Wilkes	V40Male	Bishops Stortford Rc		
8	63	30 : 37	Blilly Jackson	U23Male	Vale of Aylesbury AC	U23 Male	
9	59	30 : 59	Martin Bateham	V40Male	Hillingdon AC		
10	42	31 : 06	Sean Collum	SeniorMale	Watford Joggers		Male Team
11	40	31 : 18	William Brotherston	SeniorMale	Watford Joggers		
12	9	31 : 45	Steve Davies	V50Male	Watford Joggers	V60 Male	
13	82	31 : 49	Thomas Green	SeniorMale			
14	25	31 : 49	Paul Jeggo	V50Male	Springfield	V50 Male	
15	34	32 : 09	Stephen Michael Burgess	U23Male	Tring RC		
16	56	32 : 17	Sean Loughlin	SeniorMale	Watford Joggers		
17	4	32 : 31	Paul Leppard	V40Male	Hillingdon AC		
18	57	32 : 34	William Ralston	U23Male	Vale of Aylesbury AC		
19	50	32 : 37	Claire Shelley	V40Female		1st Female	
20	10	33 : 12	Matthew Beaney	SeniorMale	Watford Joggers		
21	1	33 : 33	Max Ansell	U23Male			
22	17	33 : 40	Anna Cuthbert	U16Female	Vale of Aylesbury AC	2nd Female	
23	24	33 : 49	Edward Margetts	V50Male	Tring RC		
24	62	34 : 13	Becky Raftery	SeniorFemale	Tring RC	3rd Female	Team Female
25	18	34 : 27	Nicolas Stallman	SeniorMale	Tring RC		
26	43	35 : 01	Colin Braybrook	V50male	ST Albons Striders		
27	38	35 : 15	Ellie Bates	SeniorFemale	Chiltern Harriers		
28	73	35 : 22	David Wiliams	SeniorMale	Chiltern Harriers		
29	33	35 : 39	Alan John Hornbrook	V60Male	Chiltern Harriers	V60 Male	
30	49	35 : 43	Drew Sheffield	SeniorMale			
31	72	35 : 57	Jonathan Rudge	V40Male	Bearbook AC		
32	36	36 : 01	Michael O'Connor	V60Male	Vale of Aylesbury AC		

33	29	36	: 03	Garoth Clark	SeniorMale	Dacorum & Tirng Ac	
34	45	36	: 33	Tom Clark	SeniorMale	Leighton Fun Runners	
35	16	36	: 36	Stuart Campbell	V50male		
36	13	37	: 07	Colin Taylor	V60Male	Watford Joggers	
37	78	37	: 10	Gavin Allsop	SeniorMale	Kiwi Tri	
38	68	37	: 17	Eva Mack	SeniorFemale	Hillingdon AC	
39	55	37	: 22	Sean Hill	SeniorMale	Ealing Southall Middlesex AC	
40	39	37	: 32	Glen Martin	V40male	Chiltern Harriers	
41	44	37	: 58	Michael Clark	V60Male	Leighton Fun Runners	
42	80	38	: 07	Douglas Braidwood	V40Male		
43	47	38	: 13	Dan Wizard	V60Male		
44	21	38	: 15	Steven Louis	V50Male		
45	79	38	: 18	Anna Buckingham	SeniorFemale	ST Albons Striders	
46	77	39	: 00	Kat Sner	SeniorFemale	Tring RC	Team Female
47	58	39	: 03	Matthew Turton	V40Male		
48	20	39	: 42	Alan Roberts	V50Male	Vale of Aylesbury AC	
49	23	39	: 50	Christopher Louis	U23Male		
50	60	40	: 54	Jamie West	U16Male		U16 Male
51	15	41	: 09	Sara Milan	SeniorFemale	Tring RC	Team Female
52	65	41	: 09	Mark Hilsdon	SeniorMale	Tring RC	
53	48	42	: 20	Ben Felcher	SeniorMale		
54	6	42	: 29	John Bignell	V60Male	Hillingdon AC	
55	83	42	: 34	Tom Cheetham	SeniorMale		
56	71	42	: 37	Lucy Rudge	V40Female	Bearbook AC	V40 Female
57	41	42	: 38	Jonathan Sartin	V50Male		
58	11	42	: 58	Rachel Anne Forghan	V50Female		V50 Female
59	81	43	: 05	Gordy Wong	V50Male	Advent Running	
60	7	43	: 37	John Luscome	V40Male	Hillingdon AC	
61	52	43	: 40	Kate Pickard	V40Male	Watford Joggers	
62	51	43	: 48	Charles Henderson	V40Male	Watford Joggers	
63	54	44	: 11	Carolyn Ormesyer	V40Female		
64	37	45	: 34	Sue Barnes	V60Female	Vale of Aylesbury AC	V60 Female
65	32	45	: 44	Keth Taylor	V50Female	Watford Joggers	

66	26	45	:	56	Jenni Johnston	V40Female	ST Albons Striders
67	61	46	:	00	Anne West	V40Female	
68	75	47	:	23	Kelly Graveson	SeniorFemale	
69	74	47	:	49	Sarah Hooper	SeniorFemale	Bearbook AC
70	70	48	:	06	Andrew Artemis	SeniorMale	
71	64	48	:	10	Felicity Pitchry	SeniorFemale	
72	27	48	:	35	Mandie Fickling	V50Female	Vale of Aylesbury AC
73	28	48	:	35	Andy Vere	V60Male	On The Run
74	67	49	:	24	Vito Ricciardi	V50Male	Bearbook AC
75	14	49	:	43	Kirsm Barnet	V40female	Tring RC
76	69	50	:	16	Eliska Maslova	SeniorFemale	
77	3	50	:	47	Clare Boutle	V50Female	Barnet and district A.C
78	2	51	:	27	Chris Wilcock	V40Male	Tring RC
79	12	53	:	54	Andrew Lord	V60Male	Watford Joggers
80	22	54	:	28	Alison Louis	V50Female	
81	66	54	:	59	Corinne Ricciardi	V50Female	Bearbook AC
82	76	64	:	51	Moira Thompson	SeniorFemale	
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