

Appendix B. Ridgeway Run winners, directors and Brenda Barlow winners

Ridgeway Run winners and competitor numbers: 1982 – 2019

Original route mainly road, approx. 8.3 miles

<i>Year</i>	<i>Winner-men</i>	<i>Club</i>	<i>Time</i>	<i>Winner-women</i>	<i>Club</i>	<i>Time</i>	<i>Finishers</i>
1982	Mike Dixon	Verlea AC	49.38	P Fidoe	Verlea AC	65.18	96
1983	Paul Savage	Verlea AC	46.17	C Fowler	Barnet AC	65.14	151
1984	Paul Savage	Luton AC	46.16	Sharon O'Sullivan	Watford Harriers	58.59	230
1985	Mick Bradley	VOAAC/AAA	45.41	Stephanie Quirk	Kendal AAC	55.43	297
1986	Tony Stedman	Luton United AC	47.11	Jean Gillard	VOAAC	57.18	296
1987	Kevin O'Connor	Watford Harriers	45.34	Caroline Owen-Thomas	Chesham Harriers	56.37	440
1988	Andy Magnall	Luton United AC	44.41	Alison Wilsmore	Road Runners Club	55.35	472
1989	Julian Critchlow	Watford Harriers	43.16	Caroline Owen-Thomas	Chesham Harriers	53.31	489
1990	Julian Critchlow	Watford Harriers	44.34	Anne Smith	Chiltern	55.57	470
1991	Julian Critchlow	Watford Harriers	44.07	Danielle Sanderson	Watford Harriers	50.36	477
1992	J Critchlow/ K O'Connor	Watford Harriers	45.10	Anne Smith	Chiltern & Chalfont	57.23	469
1993	Mike Shevyn	Birchfield Harriers	45.52	Sue Barnaby	St Albans Strdrs	55.55	464
1994	Julian Critchlow	Watford Harriers	44.41	Mandy Ayling	RAF Halton	53.26	479
1995	Paul Allen	Gade Valley Harriers	48.31	Zoe Lowe	St Albans Strdrs	53.22	432
1996	Julian Critchlow	Watford Harriers	44.52	Danielle Sanderson	Watford Harriers	49.58	442
1997	Barry Goodman	Road Runners Club	47.51	Zoe Lowe	St Albans Strdrs	53.06	356

Route changed for 1998 – Marshcroft start, Ashridge paths, Marshcroft finish, 8.6 miles

Year	Winner-men	Club	Time	Winner-women	Club	Time	Finishers
1998	Julian Critchlow	Watford Harriers	48.26	Zoe Lowe	St Albans Striders	59.47	358

Route slightly extended in 1999 between kennels and Incombe Hole, additional 0.4 mile to 9 miles

Year	Winner-men	Club	Time	Winner-women	Club	Time	Finishers
1999	Julian Critchlow	Watford Harriers	50.30	Danielle Sanderson	Watford Harriers	60.04	379

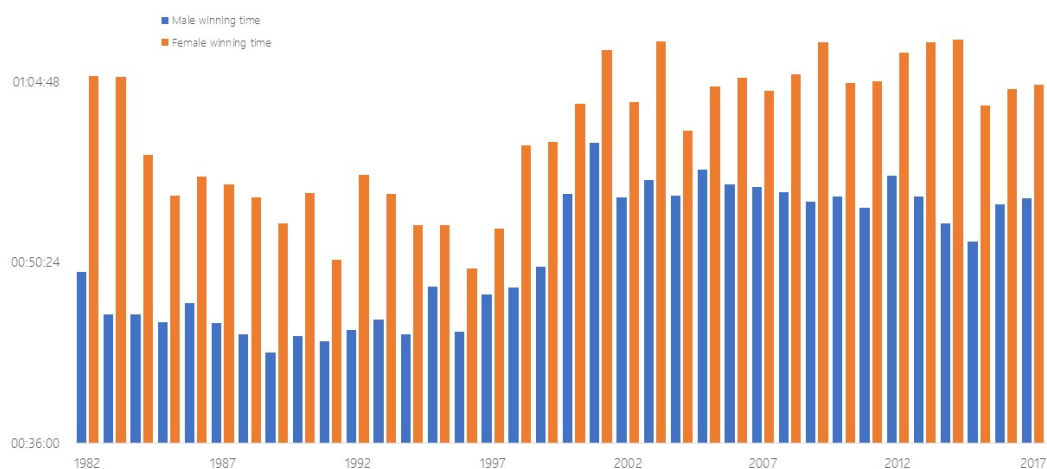
Route extended in 2000 to finish at TPCC – previously Marshcroft Lane, additional 0.7 mile to 9.7 miles

Year	Winner-men	Club	Time	Winner-women	Club	Time	Finishers
2000	Justin Fowler	VOAAC	55.55	Amanda Yorwerth	St Albans Strdrs	63.30	446
2001	David Randall	Cheltenham & Cty	59.58	Michelle Lee	St Albans Strdrs	67.21	375
2002	Mark Draper	WSEHAC	55.35	Amanda Yorwerth	St Albans Strdrs	63.13	470
2003	Greg Dell	Woodstock Harriers	57.00	Zoe Lowe	St Albans Strdrs	68.03	471
2004	Paul Gregory	VOAAC	55.45	Michelle Lee	MKAC	60.57	476
2005	Alexander Bowden	MKAC	57.49	Claire Pusey	Burnham Joggers	64.26	461
2006	Paul Gregory	MKAC	56.38	Claire Pusey	Burnham Joggers	65.09	507
2007	Paul Gregory	MKAC	56.26	Philippa Prescott	Bedford & County AC	64.50	468
2008	James Buis	Heaton Harriers	56.03	Philippa Prescott	Bedford & County AC	65.27	439
2009	James Buis	Heaton Harriers	55.18	Kerri Renshaw	Unaffil	68.00	473
2010	James Buis	Heaton Harriers	55.41	Sally Onn	St Albans Strdrs	64.43	474
2011	James Buis	Heaton Harriers	54.47	Carloyn Busey	Unaffil	64.51	517
2012	James Buis	Heaton Harriers	57.19	Emma Curtis-Smith	Bearbrook RC	67.08	559
2013	James Buis	Border Harriers	55.41	Zoe Doyle	Unaffil	67.59	536

Route adapted for 2014 – no longer using avenue from Northfield, 0.2m shorter to 9.5 miles

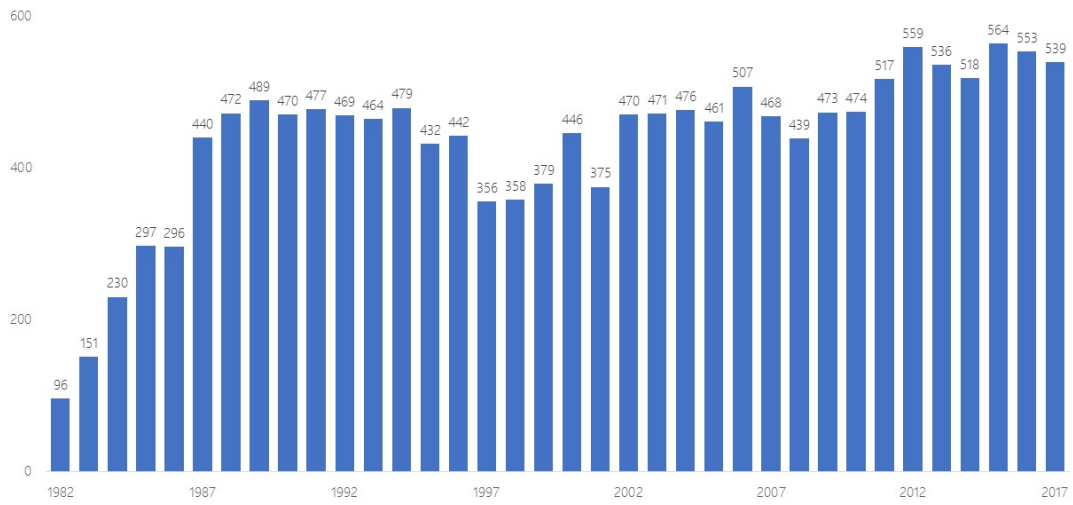
Year	Winner-men	Club	Time	Winner-women	Club	Time	Finishes
2014	Glen Watts	Shaftesbury Barnet	53.32	Wendy Webster	St Albans Strdrs	68.13	518
2015	Fabian Downs	Chiltern Harriers	52.40	Kate Rennie	Dacorum & Tring AC	62.55	564
2016	Stephen Buckle	St Albans Strdrs	55.50	Claire Hallisey	Bristol and West AC	64.17	553
2017	Stephen Buckle	St Albans Strdrs	55.32	Claire Hallisey	Dacorum & Tring AC	64.36	539
2018	Joe Dale	Victoria Park Harrs	56.55	Kate Rennie	Dacorum & Tring AC	65.26	476
2019	Robert Barnes	Stopsley Striders	59.52	Kate Rennie	Dacorum and Tring AC	65.44	472
2021	Mark Innocenti	Tring RC	55.51	Tamsin Neale	Burnham Joggers	68.51	472
2022	Oliver Blake	Oswestry Olympians	56.34	Hannah Burkhardt	St Albans Striders	65.13	364

Ridgeway Run
Winner's finishing times, 1982-2017



Ridgeway Run race directors

Ridgeway Run Number of runners, 1982-2017



<i>Year</i>	<i>Race director</i>
1982 – 1988	Brenda Barlow
1989 – 1995	Jenny Dunn
1996	Phil McHugh
1997	Kate and Scott Carter
1998 – 2009	Rick Ansell
2010 – 2012	Peter Hamson
2013	Jane Mitchell
2014 – 2017	Andy Collings
2018 – 2019	Kim Reed
2021 - 2022	Anthony Kent

Brenda Barlow Handicap Race winners: 1992 – 2019

<i>Year</i>	<i>Winner</i>
1992	Vicky Quincey
1993	Roy Bride
1994	Alison Harding
1995	Chris Milton
1996	Jonathan Mulcahy
1997	Bill Salkeld
1998	Alan Rosen
1999	Alan Rosen
2000	Russel Baker
2001	Graham Deacon
2002	Annabelle Operman
2003	Dave Jones
2004	Nick Pierpoint

<i>Year</i>	<i>Winner</i>
2005	Russel Baker
2006	Michaela Colwell
2007	Bob Ford
2008	Cathy Court/Louise Berry
2009	Mandy Bonthron
2010	Mary Ward
2011	Rick Ansell
2012	Judi Hopcroft
2013	Simon Jessop
2014	Martin Hopcroft
2015	Celine Willcock
2016	Rob Fletcher
2017	Tom Sawyer
2018	Andy Neill
2019	Rachel MacRae